

Mits Aoki Legacy Foundation

Kōkua Mau & Wesley United Methodist Church present:

Learning from Dr. Mitsuo Aoki: Understanding and working with persons with terminal illness

Introducing a video, discussion and teaching series focused on working with individuals with terminal illness. The sessions are based on actual classes of Dr. Aoki teaching, filmed in 1987 and two interviews of Dr. Aoki working with Roger who has been diagnosed with a terminal illness. Teaching and discussions will be facilitated by Alan Gamble, LCSW, Mits Aoki Legacy Foundation.



In this series of 8 classes, a participant will:

- gain necessary knowledge about death and dying including: 9 fears associated with dying and definition of a “good death”
- acquire techniques designed preparing him or her to be “present”, while listening to and working with individuals who are terminally ill
- understand the grieving process and the grieving of survivors
- be introduced to a conceptual understanding of suicidal thoughts and acts
- learn about and discuss life after death.
- Learn about advanced care planning considerations and helpful community resources.
- Discover interview methods and techniques used by Dr. Aoki with individuals who are terminally ill.

This series is intended for professionals and health care support staff/volunteers. However, adult family members are also welcome to attend. *Seating is limited.*

Registration deadline: 02/04/2019

February 6, 13, 20, 27 & March 5, 13, 20, 27
5:00 to 7:30 PM

Wesley United Methodist Church • 1350 Hunakai St • Honolulu, HI 96816

All classes are **free of charge**. Donations accepted.

For registration go to: <https://mitsaokilegacy.wufoo.com/forms/z36ww5913lab5e/>

Or email: mitsaokilegacy@hawaii.rr.com

CEUs for social workers, nurses, and other health care professionals are pending application and approval. For more information about Dr. Aoki visit <https://www.pbshawaii.org/tag/mitsuo-aoki> and www.MitsAoki.com and www.mitsaokilegacyfoundation.org for a link to a video of his teaching.